



England Athletics License applied for

# Lilleshall Monumental 10K & Fun Run

**Sunday 25<sup>th</sup> March 2012. Start : Fun Run 10:45am; 11:30am 10K**

- **Challenging scenic one lap course on tracks and fields**
- **Start for both 10K race and Fun Run at Lilleshall Cricket Club, TF10 9HE**
- **£20 prize to 1<sup>st</sup> male and 1<sup>st</sup> female and prizes for all categories**
- **Refreshments during the morning and after the race**
- **Toilets and changing facilities near the start**

Lilleshall is located between Telford and Newport. Please follow car park signs from the A518. Car parking is more difficult for us this year so please try to share car transport and also offset your journey through <https://climatefriendly.com/car> (WWF, FoE, Greenpeace approved)

**Entry Fee:** Affiliated\* Club members £6 Unattached £8 Entries on the day £8 / £10  
**Cheques payable to:** Newport & District Running Club (1 Mile Fun Run £2 entries on the day only)  
**Proceeds from the event:** go to provide a new bike shelter for school and community use

**Postal Entries to:** Lilleshall Monumental 10K, 6 Sylvan Close, Lilleshall, Newport. TF10 9EQ.  
 Entries MUST include your **fully completed and signed form**, a **9"x 6" (C5) stamped addressed envelope**, and **your cheque**. Entries failing to comply exactly with these conditions will not be accepted. If you choose to use a larger envelope, please ensure you affix sufficient postage as any **surcharged items will NOT be collected**. Entries received after 11<sup>th</sup> March - please collect race number on the day.  
[www.newportrunningclub.co.uk](http://www.newportrunningclub.co.uk)

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## Lilleshall Monumental 10K 2012

Race Number: Category:
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Name:..... Club:.....

Is your club affiliated\* to England Athletics? Yes / No .....England Athletics Registration (URL) Number.....

Male / Female:.....Date Of Birth(dd/mm/yy):..... Age On Race Day: .....

Address..... Post Code:.....

Mobile:..... E- mail: .....

* Under the terms of our Race License and Insurance agreement, if you are not a member of a club that is affiliated to England Athletics, you must enter and pay as an unattached runner.	<input type="checkbox"/>	I agree to enter and run at my own risk (please tick all boxes)
	<input type="checkbox"/>	I accept that the organisers will not be held responsible for any injury or damage that may occur from my taking part in this event.
	<input type="checkbox"/>	I declare that I am medically fit to run and aged over 15 on Race Day <input type="checkbox"/>
	<input type="checkbox"/>	I understand and accept the rules concerning Postal Entries (see above) <input type="checkbox"/>

**Signed**.....

**Date**.....